# CATHOLIC SOCIAL SERVICES

#### About Catholic Social Services

Established in 1945, Catholic Social Services is a faith-based social service agency focused on improving the quality of life for people of all faiths and backgrounds in need throughout Central and Southern Ohio. Helping vulnerable people at their most vulnerable times, Catholic Social Services strengthens families, guides individuals toward economic stability and serves as the extended family for seniors.

Services for individuals and families include:
Counseling, Batterers Intervention Programs,
Pathways to Hope, and HOME Choice. Services
for seniors include: Supportive Services, Money
Management, Long-Term Care Ombudsman
Program (LTCOP), Senior Companion Program, and
Transportation Services. Emergency assistance and
financial stability services include: Emergency Food
Assistance, and Payee Services.

Catholic Social Services is nationally accredited by the Council on Accreditation (COA), which certifies that all operations and programs meet best practice standards for professional service. CSS is a member of Catholic Charities USA, a member agency of United Way, and is licensed by the Ohio Department of Mental Health.

Offices are located in Columbus, Heath, Portsmouth, and Zanesville.



## CSS supports and strengthens individuals and families

#### Counseling

Licensed staff, trained in a variety of therapies, help individuals, couples, children, and families address a wide range of life challenges, including relationship problems, anxiety, depression, grief, panic attacks, phobias, ADHD, trauma, child abuse, sexual abuse, domestic violence, parent-child conflict, issues related to life stages, post abortion, and concerns of adult adoptees.

#### **Maternal Counseling**

Supportive mental health counseling is available for those experiencing life stressors related to pregnancy or early years of parenting. Life stressors may include difficulty coping with life changes, relationship problems, infertility, isolation or lack of support, teen pregnancy, trauma, postpartum depression, and other perinatal mood and anxiety issues.

#### **HOME Choice**

Professional staff help coordinate transitioning of seniors and persons with disabilities moving from nursing homes and other long-term facilities into their own homes or community-based settings. Clients are referred to the program through the Ohio Department of Job and Family Services (ODJFS). HOME Choice helps the residents locate housing, set up their households, and connect with



#### **Our Lady of Guadalupe Center**

Serves the needs of the growing Hispanic community by providing emergency food assistance and guidance in acquiring basic needs. The Guadalupe Center operates as a "choice" food pantry. Clients are given points, based on family size, to spend by hand selecting food items of their choice, much like they would in a grocery store. Information and referral to other community resources is also provided.

#### **Payee Services**

Bill payment and assistance with other fiscal matters is provided to elderly and disabled individuals.

#### Portsmouth

Domestic violence batterer's intervention programs and material assistance are offered through the Portsmouth office.

#### **Senior Supportive Services**

Licensed social workers provide ongoing in-home needs assessment, care planning, and consultation to help vulnerable seniors maintain their independence. Assistance is provided for financial management, medical appointments, insurance, transportation, housing needs, and linkage to other community services.

#### **Senior Companions**

To reduce isolation, trained older adult volunteers offer peer companionship and assistance to elderly and disabled clients in Franklin, Madison, Licking, and Delaware Counties.

#### **Transportation**

Transportation is available to qualifying seniors and veterans of Licking county for non-emergency medical appointments throughout Ohio.

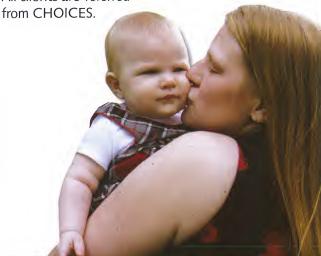
and quanty of life issues.

#### **Money Management**

Licensed social workers assist those who are having difficulty managing their daily finances and provides them with the highest possible level of independence. The program accommodates varying levels of need from basic budgeting and bill payment to more advanced maintenance of income requiring a representative payee.

#### Pathways to Hope

For survivors of domestic violence and their children, Pathways to Hope eases the transition from the emergency shelter to complete financial and physical independence. A Housing Advocate works intensely with each client for 12 - 24 months to break down the barriers to independence and build the client's self-confidence to take control of her own life. All clients are referred





"Believing in yourself is good, but it's even better when you have others believing in you too."

#### Services

- Counseling
- Maternal Counseling
- HOME Choice
- Our Lady of Guadalupe Center
- Payee Services
- Domestic Violence Batterer's Intervention
- Senior Supportive Services
- Transportation
- Long-Term Care Ombudsman
- Senior Companions
- Money Management
- Pathways to Hope



"Three years ago I had a stroke. Although I graduated cum laude in accounting, I couldn't even balance my checkbook. Now CSS handles all of my finances. I can't say enough about how good CSS is."



"My family is overcoming obstacles with the help of Counseling Services."

### Catholic Social Services

Providing Help. Creating Hope.

#### MAIN OFFICE

197 East Gay Street Columbus, OH 43215 614.221.5891 1.800.536.5891 | FAX 614.228.1125 www.colscss.org

#### **OUR LADY OF GUADALUPE CENTER**

441 Industry Drive (corner of Valleyview Dr.) Columbus, OH 43204 614.274.4521 | FAX 614.274.1384

#### LICKING COUNTY OFFICE

575 Industrial Parkway Heath, OH 43056 740.345.2565 | FAX 740.345.0199

#### PORTSMOUTH OFFICE

1025 Kinney's Lane Portsmouth, OH 45662-4551 740.353.3185 | FAX 740.353.3186

#### ZANESVILLE OFFICE

45 North Fourth Street Zanesville, OH 43701 740.452.5057 | FAX 740.452.2448

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